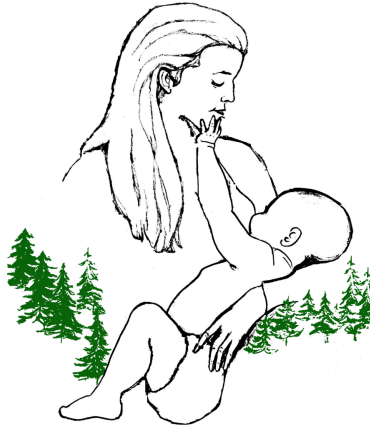


CLOTH DIAPERS... HOW MANY DO I NEED?

Au Naturel Baby



www.AuNaturelBaby.com
1-866-715-0723

To help you begin your journey in giving your baby the soft comfort of cloth diapers we have created this guide to assist you in determining how many diapers you should have on hand.

Full Time Cloth Diapering (washing every 2 days)

- **2-3 dozen diapers**

This can be a variety and not just one kind of diaper, but overall you will need at least 2 dozen or 24 for full-time cloth diapering. Many moms enjoy combining different brands for the best system for them. For instance Fuzzi Bunz are wonderful for overnight or prolonged periods between changes while Bumkins are perfect for the babysitter and the diaper bag. Precious Granny's Ark are wonderful for showing off how cute your baby is in cloth ☺

- **4-6 Diaper Covers**

If you choose to go with fitted diapers such as beautiful, soft Kissaluvs you will need 4-6 diaper covers in each size as baby grows.

- **2 dozen wipes**

You will want a stash of wipes so you can keep some handy in the diaper bag and plenty at your changing station.

- **6 Diaper Doublers**
This is a contour shape, multi-layered cloth to lay inside your diaper for extra absorbency. Great for nap time or older, heavier wetting babies.
- **Flushable Diaper Liners**
We recommend you have a roll of flushable liners on hand. Once you learn your little one's bathroom schedule you can save a lot of clean-up by just using a flushable liner that can be easily discarded.
- **Mini-shower Sprayer**
We believe this to be one of the best new cleaning methods available. No more toilet dunking! The mini-shower is a sprayer that hooks to the water line of your toilet. It has adjustable spray levels that make cleaning diapers so easy and it is virtually unnoticeable in the bathroom.
- **Proper Detergent**
It is important to use a detergent that will not cause soap build-up and make your diapers less absorbent. Pure soaps such as Ivory or Dreft are an absolute no-no. We recommend Allen's Naturally as do many of the diaper manufacturers since it is environmentally friendly and rinses clean leaving no residue.
- **Diaper Wipe Spray**
Compliment your wipes with the convenience and soothing of a natural wipe spray. Helps keep the diaper area fresh and avoid rashes.
- **Diaper Ointment**
Pick your favorite diaper balm or ointment to help protect and soothe areas that are prone to rash. There are many natural products available that also clean easily from cloth diapers without staining. Many standard brands like Desitin leave lots of residue on cloth.
- **Diaper Pail**
We recommend one that is easily transportable and strong enough to soak diapers when you want/need to. Our stainless steel diaper pail has an inner plastic pail with sturdy metal handle to easily cart diapers from the nursery to the laundry room.
- **Diaper Bag**
You will want a bag that is convenient to carry cloth diapers in with generous pockets. Since you are saving so much by using cloth you could even splurge on a boutique bag such as the handmade bags featured in our Diapering Accessories section.

- **Waterproof Bag**

As you take your little one out for adventures a waterproof bag is a must for you to have on hand. It gives you a convenient place to store used diapers, wet clothing or anything that may make your diaper bag messy. Bummi and Bumkins both make wet bags that can be thrown in the wash with your diapers and hung to dry.

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